ID-aLGTM

Calorie reduction & well being

- Fat & carb blocker
- Body shape improvement
- Weight-loss clinical studies
- Brown seaweed extract

nextra

HEALTH
Fat & carb blocker

ID-alG™ is a brown seaweed extract derived from Ascophyllum nodosum rich in long chain polyphenols called phlorotannins which inhibit the activity of the two main digestive enzymes:
- Lipase inhibition activity: up to 63%
- Amylase inhibition activity: up to 77%

Demonstrated clinical results

The latest clinical results highlighted unique weight management benefits of ID-alG™ for overweight women & more specifically for 45 years & over.
- Weight-loss closely correlated with fat mass
- Decreases fat assimilation lowering body fat mass and abdominal & visceral fat (see MRI)
- Decreases carbs assimilation lowering glycated hemoglobin index Hb1Ac
- Significant and lasting effect as early as 8 weeks after initial consumption
- Improves body shape

Consumers’ satisfaction

Preliminary clinical study questionnaires assessing the satisfaction of users:
- 76% believe ID-alG™ induces weight-loss
- 72% would continue using ID-alG™
- 72% would buy ID-alG™

Natural weight management ingredient

- Supported by clinical, published in vivo studies
- Guaranteed enzyme inhibition (≥ 50%)
- Guaranteed iodine content below RDI with 200 mg ID-alG™ twice daily (before main meals)

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(1) In vitro test of the inhibition properties of ID-alG™ on pancreatic lipase and bacterial amylase.
(2) Bicentric, randomized, placebo-controlled, in parallel double blind format study, run in 2014-2015 on 88 women using 200 mg ID-alG™ twice daily during 16 weeks.
(3) Evaluation of ID-alG™ weight management effect on overweight women. Monocentric, randomized, placebo-controlled clinical study run in March 2010, on 56 women using 400 mg of ID-alG™ daily for 8 weeks.
(4) Iodine Recommended Daily Intake = 150 μg/day according to regulations (EC) n°1169/2011 & (US) 21 CFR101.9

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